

## History and Cultural Heritage

### Course Overview

The History and Cultural Heritage course is for adults who wish to refresh their English, explore the vast cultural heritage of the UNESCO city of Bath and share their own cultural heritage. It is also eligible for KA1 Erasmus staff mobility funding.

On this very specific English language course teachers will enjoy a high level of customisation and attention. With a minimum of four teachers we will confirm an agreed date, which can be extended to two weeks.

The History and Cultural Heritage course runs for 25 hours per week in the UNESCO world heritage city of Bath, UK. It is delivered in a comfortable central location that provides free wi-fi and refreshments.

We explore Bath's amazing Roman and Georgian cultural heritage through some of its many cultural sights and spaces. The historic centre of Bath is relatively compact but be ready to spend a few hours on your feet each day!

### Course Leaders – Sara Helm and Christian de Larrinaga

Sara has over 25 years' experience of teaching English and intercultural communication skills to a wide range of people in the fields of business, politics, the civil service, medicine and education as well as teacher training.

Christian is a history graduate with a very wide knowledge of British and European history.

### Course Outcomes

- . refreshed language skills for discussing history and cultural heritage in particular
- . greater knowledge about the rich cultural heritage of UNESCO Bath
- . led an English language session on (your local) cultural heritage
- . networked and shared ideas and knowledge with others

### Course Content

The course includes walking history tours and visits to sites relating to:

- [Roman Bath](#)
- [Medieval Bath](#)
- [Georgian Bath](#)
- [Bath at Work](#)
- [Science and Medicine in Bath](#)

As well as language refresher sessions, the other significant part of the course is the opportunity for you, the participant, to lead a 45- minute session (per week) on an aspect of your local cultural heritage in which you are particularly interested. This course is not simply limited to history teachers so the range of topics has always been very rich and varied! A course programme is sent out shortly before the course.

## History and Cultural Heritage

### Typical Course Timings

09.30 – 12.30 / 15.30 – 17.30

Participants generally enjoy a long lunch break in order to take advantage of the many cultural opportunities in our UNESCO city, such as:

- Prior Park Landscape Garden
- Royal Victoria Park and Botanical Garden
- Museum of Bath Architecture

### Optional Social Activities

On all of our courses, depending on weather and programmes on offer, activities generally include one or more of the following:

- Theatre Royal performance
- Jazz and a drink at Green Park Brasserie

EMB is happy help participants choose evening and weekend cultural activities to enhance their cultural experience and promote the use of English outside the classroom.

*“Bath is one of those places that you have to visit at least once in a life time. I had really great time there, it was peaceful and without any stress.”* Kaspars G, Latvia

*“The small groups gave us the opportunity to enjoy and explore Bath and its history not only in a friendly atmosphere but also enabled Sara to adapt the course to our subjects and our needs. I would recommend the course to all culture lovers out there.”* Julia B, Austria

### Erasmus Values

EMB checks the suitability of the requested course for each participant and conducts a pre-course needs analysis that informs course content. Teachers and staff benefit from meeting staff from relevant organisations in other countries. We provide our participants with pre-course preparation tips and materials and set up a WhatsApp group for them. During the course we present, or invite participants to present the Erasmus eTwinning opportunities. Digital learning tools / materials are highlighted on the course and ongoing learning and professional development advice is given. At the end of any course, verbal / written feedback is obtained and is used to inform content of future courses. Where relevant, exit-level testing is conducted. Teachers are invited to stay connected and share ideas after the course through their WhatsApp group.

## History and Cultural Heritage

### Certification and Erasmus Documentation

ERASMUS OID: E10095182

EMB provides a course certificate. You can use the information on this page to complete an Erasmus contract and a Europass Mobility Document for us to sign. Documentation can also be sent prior to the course.

### History and Cultural Heritage Course Dates

Courses dates are available many weeks of the year from April to November, on request. As this course requires a minimum of 4 participants, please enquire well in advance.

### History and Cultural Heritage Course Fee

1 week €670  
2 weeks €1300

This includes the booking fee and visits to sites on the course programme but does not include accommodation. See below.

### Accommodation in Bath

A host family stay guarantees you an authentic taste of Bath life and provides the opportunity for conversation and friendship building.

Our host families are couples or single people who generally do not have children living at home. They live within a 30-minute walk of the course venue. Our host family charge including breakfast and dinner is €400 for 5 or 6 nights, payable in advance with the course fee. It is important to book early to guarantee a host family.

*"My accommodation was great. Close to the centre of town, lovely home, food was tasty and my hostess was very nice." Kaie S, Estonia*

*"My host family were the best. I really wish to meet them again sometime". Kaspars G, Latvia*

Alternatively, we can recommend web links to accommodation sites.

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### How to apply

Email Course Leader [Sara Helm](#) (see below)

Please include:

- your name(s)
- your **current** English language level
- your school and school address
- the course date you are interested in
- the age group(s) you teach and particular subjects
- any cultural heritage topics on which you would be interested to lead a session
- whether or not you need a host family
- your WhatsApp contact details!

I will normally contact you within 24 hours for further information.

Looking forward to meeting you!

Sara

Stay updated with our confirmed course dates at our History and Cultural Heritage web page:

[www.englishmeansbusiness.uk/history-and-cultural-heritage/](http://www.englishmeansbusiness.uk/history-and-cultural-heritage/)

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[www.englishmeansbusiness.uk](http://www.englishmeansbusiness.uk) (for information on Bath and how to travel here)

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